

Redmile CE
Primary School



Parent Handbook

Redmile CE Primary School





Early Years Foundation Stage (EYFS) – School Readiness Kit

Dear Parents,

Watching your child grow and develop is an exciting journey, and preparing them for the next stage of learning can feel both thrilling and a little daunting. Children develop at their own pace, and small, everyday experiences can make a big difference in helping them feel confident, independent, and ready for new challenges.

This support pack is designed to give parents practical tips, ideas, and activities to help children develop key skills that will benefit them as they move towards school. Whether it's learning to dress themselves, exploring numbers and letters, or building social confidence, these resources can be used at home in fun, simple, and engaging ways.

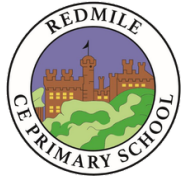
The aim is not to rush your child or create pressure, but to provide gentle guidance that encourages curiosity, independence, and a love of learning. By introducing small routines and enjoyable activities now, you can help your child feel comfortable, capable, and excited about the next stage in their journey.

We hope you find this pack useful, inspiring, and full of ideas to support your child's early development. Every child is unique, and the most important thing is to celebrate their achievements, no matter how big or small.

Warm regards,

Neil Bardsley

Executive Headteacher



Practical Life Skills

Encourage your child to:

- Dress and undress independently (coats, shoes, simple fastenings)
- Use the toilet independently
- Wash hands thoroughly
- Recognise and take care of their own belongings

Simple routines to practise:

- Tidying up toys after play
- Eating independently and using cutlery
- Following a simple daily routine



Communication & Language

Supporting your child's speaking and listening skills helps them feel confident:

Communication:

- Talk about daily experiences and feelings
- Listen to stories and discuss the pictures or events
- Encourage using full sentences to express needs and ideas

Fun Activities:

- Share a story each day and ask questions about it
- Sing songs and nursery rhymes together
- Play simple conversation games: "What did you see today?"

Early Literacy

At Home Practice:

- Recognise their own name in print
- Enjoy books, turning pages carefully and discussing pictures
- Practice mark-making (drawing lines, shapes, letters)

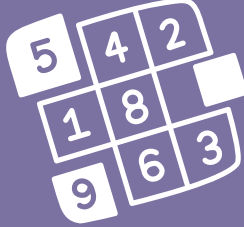
Other Activities to Try:

- Create an "All About Me" book
- Label items at home with their name
- Encourage drawing and painting for fun





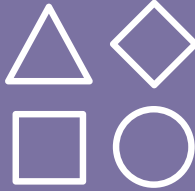
Early Maths



Recognise
numbers 1-10



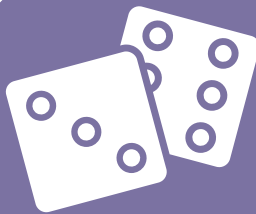
Count objects in
everyday life



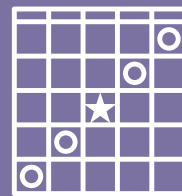
Sort and match
by size, shape, or
colour



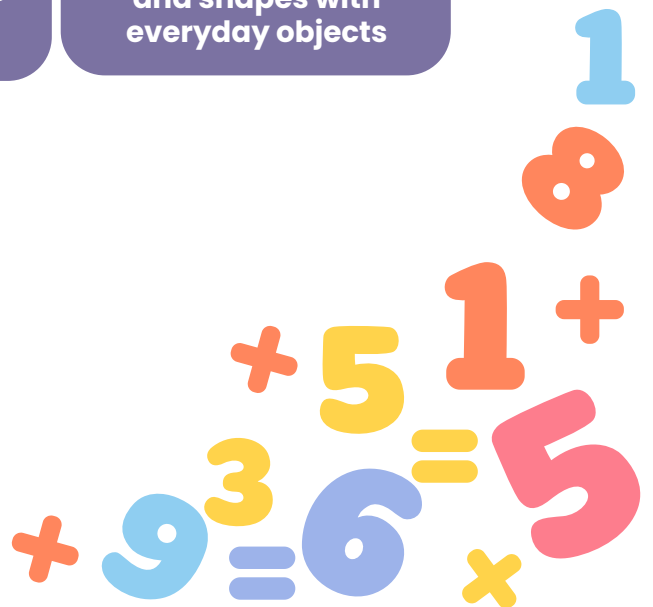
Count toys, steps,
or snacks together



Play board games
with dice



Explore patterns
and shapes with
everyday objects





Social and Emotional Skills

Key areas to begin with:

Sharing and taking turns

Following simple instructions

Expressing feelings with words

Ways to build confidence:



Playdates or group activities



Role-play routines like lining up or asking for help



Celebrate small achievements to boost self-esteem

Suggested Items for Early Years Starters:



01 Water bottle

Water is consumed whilst at school and will be readily available throughout the day.



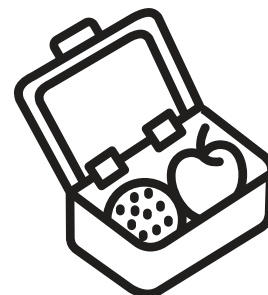
02 Spare clothes for messy play

We have different activities which may result in getting messy.



03 Bookbag

Helping pupils to get organised and learn how to be responsible for their belongings.



04 Lunchbox

Pupils can either bring a packed lunch or have a hot meal.



Settling into School Routines

Even before starting school, practising routines can help:

01 Regular sleep and
mealtimes schedules

02 Encouraging independence
in dressing and hygiene

03 Practising saying goodbye in a positive way

Helpful Resources for Parents

Websites & Apps:

- [BBC Tiny Happy People](#) – speech and language activities
- [Twinkl](#) – early years educational resources
- Local libraries – story sessions and family activities

Tips for parents:

- Read with your child daily
- Encourage questions and curiosity
- Provide opportunities for play and social interaction



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Teach children how they should live
and they will remember it all their lives.

**We hope these ideas help your child feel confident, curious, and ready
for the next step in their learning journey.**



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