

Progression of Skills – Get Set for PE

EYFS					
Fundamentals 1 Ball Skills 1	Games 1	Gymnastics	Balls Skills 2	Games 2	Fundamentals 2
Yr 1					
Invasion Games Physical: dribble, throw, catch, kick, receive, run, jump, change direction, change speed Social: supporting others, communication, co-operation, kindness Emotional: perseverance, confidence, honesty Thinking: comprehension, identifying strengths and areas for	Ball Skills	Gymnastics	Sending and Receiving	Striking and Fielding	Athletics

development, select and apply					
Yr 2					
Invasion Games	Ball Skills	Gymnastics	Sending and Receiving	Striking and Fielding	Athletics
Yr 3					
Football	Dodgeball	Gymnastics	Tennis	Cricket	Athletics
	Netball			Hockey	
Yr 4					
Football	Dodgeball	Gymnastics	Tennis	Cricket	Athletics
	Netball			Hockey	

Yr 5

Football

Dodgeball

Gymnastics

Tennis

Cricket

Athletics

Tag Rugby

Netball

Hockey

Yr 6

Football

Dodgeball

Gymnastics

Tennis

Cricket

Athletics

Tag Rugby

Netball

Hockey