

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Myself and Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
EYFS – Reception Programme of Study	<p>All About Me</p> <p>What makes me special?</p> <p>Me and my special people</p> <p>Who can help me?</p> <p>My feelings</p> <p>My feelings (2)</p>	<p>I'm special, you're special</p> <p>Same and different</p> <p>Same and different families</p> <p>Same and different homes</p> <p>I am caring (formerly Kind and caring -1)</p> <p>Kind and caring (2)</p>	<p>What's safe to go onto my body</p> <p>Keeping Myself Safe - What's safe to go into my body (including medicines)</p> <p>Safe indoors and outdoors</p> <p>Listening to my feelings (1)</p> <p>Keeping safe online (e-safety)</p> <p>People who help to keep me safe</p>	<p>Looking after my special people</p> <p>Looking after my friends</p> <p>Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Looking after money (1): recognising, spending, using</p> <p>Looking after money (2): saving money and keeping it safe</p>	<p>Bouncing back when things go wrong</p> <p>Yes, I can!</p> <p>Healthy eating (1)</p> <p>Healthy eating (2)</p> <p>Move your body</p> <p>A good night's sleep</p>	<p>Seasons</p> <p>Life stages - plants, animals, humans</p> <p>Life Stages: Human life stage - who will I be?</p> <p>Where do babies come from?</p> <p>Getting bigger</p> <p>Me and my body - girls and boys</p>

<b>A - Y1&amp;2 – Year 1 Programme of Study</b>	<b>Me and My Relationship</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
	Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	Healthy me Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches? Sharing pictures <b>(e-safety)</b>	Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day.	Inside my wonderful body! Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private
<b>B- Y1&amp;2 – Year 2 Programme of Study</b>	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
	Our ideal classroom (1 and 2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!	What makes us who we are? How do we make others feel? My special people When someone is feeling left out An act of kindness Solve the problem	Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept	Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping Playing games <b>(e-safety)</b>	You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Basic first aid

A – Y3&4 – Year 3 Programme of Study	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
	As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare "Thanks" Friends are special	Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences <i>Zeb</i>	Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher <b>(e-safety)</b> None of your business! <b>(e-safety)</b> Raisin challenge (1) Help or harm?	Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money	Derek cooks dinner! (healthy eating) Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents	Relationship Tree Body space Secret or surprise? My changing body Basic first aid
B – Y3&4 – Year 4 Programme of Study	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
	An email from Harold! Ok or not ok? (part 1) Ok or not ok? (part 2) Human machines Different feelings When feelings change Under pressure	Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype!	Danger, risk, hazard? Picture Wise <b>(e-safety)</b> How dare you! Medicines: check the label Know the norms Keeping ourselves safe Raisin challenge (2)	Who helps us stay healthy and safe? It's your right Making a difference In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?	What makes me ME! Making choices SCARF Hotel Harold's Seven Rs My school community (1) Basic first aid	Moving house My feelings are all over the place! All change! Preparing for periods (formerly Period positive) Secret or surprise? Together

A – Y5&6 – Year 5 Programme of Study	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My best</b>	<b>Growing and Changing</b>
	Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive Our emotional needs Communication <b>(e-safety)</b>	Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? It could happen to anyone	<i>'Thinking'</i> about habits Jay's dilemma Spot bullying <b>(e-safety)</b> Ella's diary dilemma Decision dilemmas Play, like, share <b>(e-safety)</b> Drugs: true or false? Smoking: what is normal? Would you risk it?	What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely Lend us a fiver! Local councils	Getting fit It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness	How are they feeling? Our feelings Dear Hetty Changing bodies Growing up It could happen to anyone Help! I'm a teenager! Dear Ash Stop, start, stereotypes
B – Y5&6 – Year 6 Programme of Study	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights and Responsibilities</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
	Working together Let's negotiate Solve the problem Assertiveness skills (Behave yourself - 2) Behave yourself Dan's day Don't force me Acting appropriately	OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes	Think before you click! <b>(e-safety)</b> Traffic lights Share or not to share? <b>(e-safety)</b> Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal?	Two sides to every story Fakebook friends <b>(e-safety)</b> What's it worth? Jobs and taxes Action stations! Project Pitch (1 & 2) Happy shoppers	Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid	Managing change I look great! Media manipulation Pressure online <b>(e-safety)</b> Is this normal? Dear Ash Making babies What is HIV?

	It's a puzzle ( <b>e-safety</b> )		Joe's story (1 & 2)	Democracy in Britain 1 and 2		
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